Pain Management Nursing Exam Review

Course Description
This course will prepare the nurse experienced in pain management to successfully complete the exam. The course provides information for the pain management nurse, covering each of the topics on the test plan along with information on the pathophysiology of pain transmission, pain terminology and assessment of pain interventions, including the ethical issues in pain management.

Program Learning Outcomes
This program prepares the learner to:
- Develop an understanding of the normal pain pathways and the use of pharmacological and non-pharmacological ways to diminish these pathways.
- Relate pain assessment to interventions and outcomes, including acute, chronic and end-of-life pain.
- Perform more complete pain assessments, and interact with patients to improve coping and pain management.

Agenda
Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:30 pm
- Foundations of Pain: Pathophysiology of Pain
  Pathways | Effects of Chemical Substances | Common Terminology | Potential Complications
- Foundations of Pain: Neuropathic Pain
  Common Symptoms | Assessment Strategies | Best Pharmacological and Non-Pharmacological Management
- Lunch 12:00 pm to 1:00 pm
- Foundations of Pain: Common Pain Syndromes
  Cancer Association | Surgical Management of Back Pain | Complex Regional Pain Syndrome
- Foundations of Pain: Addictions
  Reasons for Drug-Seeking | Patients with Substance Abuse
- Teaching, Education and Collaboration
  Key Points for Patient and Family Education | Collaboration with Other Healthcare Professionals
- Crisis Situation/Ethics
  Suicide Potential | Principle of Double Effect

Day 2, 8:00 am to 4:30 pm
- Pain Assessment
  Common Issues | Tools | Techniques for Pediatric Patients
- Pharmacological Interventions
  Side Effects of Opioids, Non-Steroidals | Conversion vs. Equilanalgesic Charts | Commonly Used Opioids, Administration | Adjuvant Therapy
- Lunch 12:00 pm to 1:00 pm
- Surgical/Invasive Interventions
  Intra-Arterial Techniques | Spine and Brain Stimulation | Intractable Pain
- Complementary Interventions
Accreditation

RN/LPN/LVN/Other: 14 Contact Hours
Includes 4 Pharmacology Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: Florida/FBN 50-1286, Iowa/296, California #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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