Pain Management Nursing Exam Review

Course Description
This course will prepare the nurse experienced in pain management to successfully complete the exam. The course provides information for the pain management nurse, covering each of the topics on the test plan along with information on the pathophysiology of pain transmission, pain terminology and assessment of pain interventions, including the ethical issues in pain management.

Program Learning Outcomes
This program prepares the learner to:

- Develop an understanding of the normal pain pathways and the use of pharmacological and non-pharmacological ways to diminish these pathways.
- Relate pain assessment to interventions and outcomes, including acute, chronic and end-of-life pain.
- Perform more complete pain assessments, and interact with patients to improve coping and pain management.

Agenda
Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:30 pm

- **Foundations of Pain: Pathophysiology of Pain**
  - Pathways | Effects of Chemical Substances | Common Terminology | Potential Complications

- **Foundations of Pain: Neuropathic Pain**
  - Common Symptoms | Assessment Strategies | Best Pharmacological and Non-Pharmacological Management

Lunch 12:00 pm to 1:00 pm

- **Foundations of Pain: Common Pain Syndromes**
  - Cancer Association | Surgical Management of Back Pain | Complex Regional Pain Syndrome

- **Foundations of Pain: Addictions**
  - Reasons for Drug-Seeking | Patients with Substance Abuse

  **Teaching, Education and Collaboration**
  - Key Points for Patient and Family Education | Collaboration with Other Healthcare Professionals

  **Crisis Situation/Ethics**
  - Suicide Potential | Principle of Double Effect

Day 2, 8:00 am to 4:30 pm

- **Pain Assessment**
  - Common Issues | Tools | Techniques for Pediatric Patients

- **Pharmacological Interventions**
  - Side Effects of Opioids, Non-Steroidals | Conversion vs. Equianalgesic Charts | Commonly Used Opioids, Administration | Adjuvant Therapy

Lunch 12:00 pm to 1:00 pm

- **Surgical/Invasive Interventions**
  - Intra-Arterial Techniques | Spine and Brain Stimulation | Intractable Pain

- **Complementary Interventions**
Accreditation

RN/LPN/LVN/Other: 14 Contact Hours
Includes 4 Pharmacology Contact Hours

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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