Pain Management Nursing Exam Review

Course Description
This course will prepare the nurse experienced in pain management to successfully complete the exam. The course provides information for the pain management nurse, covering each of the topics on the test plan along with information on the pathophysiology of pain transmission, pain terminology and assessment of pain interventions, including the ethical issues in pain management.

Program Learning Outcomes
This program prepares the learner to:

• Develop an understanding of the normal pain pathways and the use of pharmacological and nonpharmacological ways to diminish these pathways.
• Relate pain assessment to interventions and outcomes, including acute, chronic and end-of-life pain.
• Perform more complete pain assessments, and interact with patients to improve coping and pain management.

Agenda
Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:30 pm

Foundations of Pain: Pathophysiology of Pain
Pathways | Effects | Effects of Chemical Substances | Common Terminology | Potential Complications
Pain Assessment
Common Issues | Tools | Techniques for Pediatric Patients
Pharmacological Interventions, Part 1
Multimodal Analgesia | Nonsteroidals | Commonly Used Opioids | Administration
Lunch 12:00 pm to 1:00 pm
Pharmacological Interventions, Part 2
Conversion vs. Equianalgesic Charts | Spine and Brain Stimulation | Intractable Pain
Surgical/Invasive Interventions
Intra-Arterial Techniques | Spine and Brain Stimulation | Intractable Pain

Day 2, 8:00 am to 4:30 pm

Complementary Interventions
Foundations of Pain: Neuropathic Pain
Common Symptoms | Assessment Strategies | Best Pharmacological and Nonpharmacological Management
Lunch 12:00 pm to 1:00 pm
Foundations of Pain: Common Pain Syndromes
Cancer Association | Surgical Management of Back Pain | Complex Regional Pain Syndrome
Foundations of Pain: Addiction
Reasons for Behaviors | Patients with Substance Abuse Issues
Crisis Situation/Ethics
Suicidal Potential | Principle of Double Effect Research
Teaching, Education and Collaboration
Key Points for Patient and Family | Involving Other Healthcare Professionals
Accreditation

RN/LPN/LVN/Other: 14 Contact Hours
Includes 4 Pharmacology Contact Hours

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MED-ED, Inc. is an approved provider by the following State Boards of Nursing: Florida/FBN 50-1286, Iowa/296, California #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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