Course Description
Presented in lecture format, this course reviews topics for the Maternal Newborn Nursing Exam by the National Certification Corporation (NCC). Elements of the examination are discussed, followed by a review of the content. The major components include disease processes during pregnancy, maternal and fetal complications, postpartum and neonatal assessments. Practice questions are integrated throughout the presentation.

Program Learning Outcomes
This program prepares the learner to:
- Describe the Maternal Newborn Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda
Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800 Understanding the NCC Exam
   Exam Review | Taking the Exam | Reference Review

0900 Pregnancy, Birth Risk Factors and Complications
   Antenatal Factors

0930 Break

0945 Antepartum Risk Factors and Complications
   Hypertension | Diabetes | Cardiac Disease | Common Bacterial and Viral Infections

1130 Lunch

1230 Antepartum Risk Factors and Complications (cont.)
   Common Bacterial and Viral Infections | Anemias: Iron Deficiency and Folic Acid | Substance Abuse | Preterm Labor | Multiple Gestation

1315 Fetal Assessment
   Ultrasound | Non-Stress Test | Biophysical Profile | Maternal Screenings

1345 Break

1400 Factors Affecting Maternal/Neonatal Outcomes: Intrapartum Factors
   Significance of Fetal Heart Rate Patterns | Regional Anesthesia | Complications of Labor | Cord Gases

1500 Maternal Postpartum Assessment, Management and Education
   Physiologic Changes | Physical Assessment | Nursing Care

1600 Adjourn
Day 2, 8:00 am to 3:00 pm

0800 **Maternal Postpartum Assessment, Management and Education (cont.)**
Physiological Changes | Physical Assessment | Nursing Care

0830 **Lactation**
Anatomy and Physiology | Hormonal Influences | Breastmilk Composition | Breastfeeding Complications | Newborn Feeding and Nutrition

0930 **Break**

0945 **Psychosocial and Ethical Issues**
Normal Parent/Infant Interactions | Perinatal Grief | Ethical Principles

1015 **Maternal Postpartum Complications**
Hematologic | Infection

1115 **Lunch**

1215 **Maternal Postpartum Complications (cont.)**
Infection

1245 **Newborn Assessment and Management**
Transition to Extrauterine Life

1315 **Break**

1330 **Newborn Assessment and Management (cont.)**
Physical Assessment and Gestational Age Assessment | Newborn Complications

1500 **Adjourn**

**Accreditation**

**RN/LPN/LVN/Other: 12 Contact Hours**

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation.

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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