Course Description
Presented in lecture format, this course reviews topics for the Maternal Newborn Nursing Exam by the National Certification Corporation (NCC). Elements of the examination are discussed, followed by a review of the content. The major components include disease processes during pregnancy, maternal and fetal complications, postpartum and neonatal assessments. Practice questions are integrated throughout the presentation.

Program Learning Outcomes
This program prepares the learner to:
- Describe the Maternal Newborn Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda
Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800  Understanding the NCC Examination
Prefering for the Examination | Taking the Examination | Reference Review

Factors Affecting Maternal/Neonatal Outcomes (10%)

0900  Maternal Health Status
Obstetrical History | Antepartum Physiologic Changes | Lab Values

0930  Break

0945  Antepartum Risk Factors and Complications
Hypertension | Diabetes | Cardiac Disease | Antepartum Infectious Bacterial and Viral | Anemias: Iron Deficiency and Folic Acid

1130  Lunch

1230  Antepartum Risk Factors and Complications (cont.)
Substance Abuse | Preterm Labor | Multiple Gestation

1400  Break

1415  Fetal Assessment
Ultrasound | Non-Stress Test | Biophysical Profile | Maturation Studies

1445  Intrapartal Factors
Regional Complications | Complications of Labor | Cord Gases

1600  Adjourn
Day 2, 8:00 am to 3:00 pm

Maternal Assessment/Management in Postpartum Period (44%)

0800  Physiologic Changes | Comprehensive Assessment

0830  Postpartum Complications
       Hemorrhage | Infections | Thrombophlebitis | Disseminated Intravascular Coagulation (DIC)

0930  Break

0945  Lactation and Newborn Feeding
       Anatomy and Physiology | Hormonal Influences | Breastmilk Composition | Breastfeeding Complications | Bottle Feeding

Newborn Assessment & Management (44%)

1030  Transition to Extrauterine Life
       Initial Physiological Adaptions | Thermoregulation

1130  Lunch

1230  Physical Assessment
       Gestational Age | Systems Review | Complications

1330  Break

1345  Physical Assessment (cont.)
       Systems Review | Complications (cont.)

Aspects of Professional Practice (2%)

1430  Ethical Principles | Nursing Liability

1500  Adjourn

Accreditation

RN/LPN/LVN/Other: 12 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation (ANCC).

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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