Course Description
Presented in lecture format, this course reviews topics for the Maternal Newborn Nursing Exam by the National Certification Corporation (NCC). Elements of the examination are discussed, followed by a review of the content. The major components include disease processes during pregnancy, maternal and fetal complications, postpartum and neonatal assessments. Practice questions are integrated throughout the presentation.

Program Learning Outcomes
This program prepares the learner to:
- Describe the Maternal Newborn Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda
Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm
0800 Understanding the NCC Examination
Preparation for the Examination | Taking the Examination | Reference Review

Factors Affecting Maternal/Neonatal Outcomes (10%)
0900 Maternal Health Status
Obstetrical History | Antepartum Physiologic Changes | Lab Values
0930 Break
0945 Antepartum Risk Factors and Complications
Hypertension | Diabetes | Cardiac Disease | Antepartum Infectious Bacterial and Viral | Anemias: Iron Deficiency and Folic Acid
1130 Lunch
1300 Antepartum Risk Factors and Complications (cont.)
Substance Abuse | Preterm Labor | Multiple Gestation
1400 Break
1415 Fetal Assessment
Ultrasound | Non-Stress Test | Biophysical Profile | Maturation Studies
1445 Intrapartal Factors
Regional Complications | Complications of Labor | Cord Gases
1600 Adjourn
Day 2, 8:00 am to 3:00 pm

Maternal Assessment/Management in Postpartum Period (44%)

0800 Physiologic Changes | Comprehensive Assessment

0830 Postpartum Complications
Hemorrhage | Infections | Thrombophlebitis | Disseminated Intravascular Coagulation (DIC)

0930 Break

0945 Lactation and Newborn Feeding
Anatomy and Physiology | Hormonal Influences | Breastmilk Composition | Breastfeeding Complications | Bottle Feeding

Newborn Assessment & Management (44%)

1030 Transition to Extraterine Life
Initial Physiological Adaptions | Thermoregulation

1130 Lunch

1230 Physical Assessment
Gestational Age | Systems Review | Complications

1330 Break

1345 Physical Assessment (cont.)
Systems Review | Complications (cont.)

Aspects of Professional Practice (2%)

1430 Ethical Principles | Nursing Liability

1500 Adjourn

Accreditation

RN/LPN/LVN/Other: 12 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation (ANCC).

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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