



Maternal Newborn Nursing Exam Review

Course Description

Presented in lecture format, this course reviews topics for the Maternal Newborn Nursing Exam by the National Certification Corporation (NCC). Elements of the examination are discussed, followed by a review of the content. The major components include pregnancy and birth risk factors, along with complications. It includes maternal and newborn assessment, management and education, along with complications during the postpartum and neonatal periods.

Program Learning Outcomes

This program prepares the learner to:

- Self-report a gain in knowledge of the maternal newborn patient population at an 80% rate as well as the confidence to pass the exam.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

- 0800 **Understanding the NCC Exam**
Content of Exam | Test-Taking Tips
- 0845 **Maternal Health Status**
Antepartum Risk Factors and Complications
- 0945 **Break**
- 1000 **Fetal Assessment in Pregnancy**
Fetal Ultrasound | NST | BPP | Lung Maturation | Prenatal Assessment for Aneuploidy
- 1100 **Intrapartum Factors**
Fetal Monitoring | Cord Gas Evaluation | Labor Medications | Labor Complications | Delivery Methods
- 1200 **Lunch**
- 1300 **Maternal Assessment and Management in the Postpartum Period**
Physiological Changes and Comprehensive Assessments | Maternal Education | Maternal Complications
- 1445 **Break**
- 1500 **Maternal Assessment and Management in the Postpartum Period (cont.)**
Lactation and Newborn Feeding | Maternal Attachment Process
- 1600 **Adjourn**

Day 2, 8:00 am to 3:00 pm

- 0800 **Newborn Assessment and Management**
Transition to Extrauterine Life | Thermoregulation | Gestational Age Assessment | Neurobehavioral and Sensory Assessment
- 1000 **Break**
- 1015 **Complications of the Newborn: Stabilization and Recognition**
Cardiac | Respiratory | Gastrointestinal | Musculoskeletal | ENT | Blood Disorders | Neuro | Genitourinary
- 1130 **Lunch**
- 1230 **Complications of the Newborn: Stabilization and Recognition (cont.)**
Infectious Disease | Endocrine, Metabolic and Genetic Disorders | Substance Abuse Neonate
- 1330 **Break**
- 1345 **Aspects of Professional Practice**
- 1415 **Practice Questions and Review**
- 1500 **Adjourn**

Accreditation

RN/LPN/LVN/Other: 12 Contact Hours
Includes 0.5 Pharmacology Contact Hours

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