



# Managing Bedside Emergencies for the Non-ICU Nurse

## Course Description

Your shift is going smoothly — couldn't be better. In fact, you just said what a great day you were having. Then it happens. An aide runs from one of your patient's rooms down the hall. "Help! We need help in here NOW!" As you enter the room, you notice your patient is gray, diaphoretic and complaining of chest pain. Would you know what to do next? You will if you attend this course! This two-day course will prepare the non-ICU nurse to assess and intervene in life-threatening emergencies at the bedside.

## Program Learning Outcomes

*This program prepares the learner to:*

- Identify high risk populations for bedside emergencies.
- Recognize deadly clinical crises based upon your bedside assessment.
- Integrate lab and other diagnostic findings into your plan of care for your patient in crisis.
- Intervene appropriately when caring for the patient with a life-threatening emergency.

## Agenda

*Sign-in begins at 7:30 am.* Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

### Day 1, 8:00 am to 4:00 pm

- 0800 **High Risk Populations for Cardiovascular Morbidity**  
Demystifying Metabolic Syndrome | ATP III New Guidelines in Managing Hypertension
- 0900 **Take Action in ACS (Acute Coronary Syndrome)**  
Unstable Angina | STEMI | NSTEMI | Cardiac Markers and Clotting Studies | Re-Perfusion Strategies
- 1000 **Break**
- 1015 **Honing in on Heart Failure**  
Left Ventricular Systolic and Diastolic Failure | Right-Sided Failure | Pharmacological Management
- 1100 **The Down and Dirty of DKA and HHNKS**
- 1200 **Lunch**
- 1300 **The Aching Abdomen**  
GI Bleeding | Acute Pancreatitis | Mesenteric Thrombosis
- 1400 **Break**
- 1415 **Vascular Crises**  
Pulseless Extremity | Failing Flaps | Compartment Syndrome | Extravasation
- 1530 **Moderate Sedation at the Bedside**
- 1600 **Adjourn**

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## Day 2, 8:00 am to 4:00 pm

- 0800 **It's All in Your Head!**  
Hemorrhagic and Ischemic Brain Attack | Post-Op Neurosurgical Patient | Seizures and Status | The DT's
- 1000 **Break**
- 1015 **A Little Air Please**  
Pulmonary Embolism | Pulmonary Edema | Hemo, Pneumo and Tension Pneumothorax
- 1115 **Rapid ABG Analysis**
- 1200 **Lunch**
- 1300 **Beyond SIRS**  
SIRS | Sepsis | Severe Sepsis | Septic Shock | MODS
- 1400 **Break**
- 1415 **Don't Forget Your ABC's + D**  
Airway Management | Nurse's Role in Bedside Intubation | The Newest CPR Guidelines: The Science Behind the Changes | What's the Buzz about Biphasic Defibrillation
- 1500 **Life-Threatening Arrhythmias**  
Asystole | PEA | V-Fib, Torsades | V-Tach | Bradycardia | Unstable Tachycardias
- 1600 **Adjourn**

## Accreditation

### RN/LPN/LVN/Other: 13 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.



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