



## Low Risk Neonatal Nursing Exam Review

### Course Description

This course is designed for nurses who wish to take the NCC Certification Examination to obtain RNC-LRN designation. The course will focus on core concepts that are essential for caring for low-risk newborns. Course content has been designed specifically around NCC test content outlines and competency statements. Preparation is recommended prior to participation in this course. Recommended study resources, exam outlines and associated competencies can be found online at [www.nccwebsite.org](http://www.nccwebsite.org).

### Program Learning Outcomes

*This program prepares the learner to:*

- Describe the Low Risk Neonatal Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

### Agenda

*Sign-in begins at 7:30 am.* Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

#### Day 1, 8:00 am to 4:30 pm

- 0800 **Welcome and Course Overview**
- 0815 **Maternal Risk Factors**
- 0900 **Fetal Circulation and Transition to Extrauterine Life**
- 0945 **Break**
- 1000 **Physical Assessment and Gestational Age Assessment**
- 1130 **Lunch**
- 1230 **Physical Assessment and Gestational Age Assessment (cont.)**
- 1330 **Thermoregulation**
- 1415 **Break**
- 1430 **Neonatal Fluid Balance**
- 1515 **Neonatal Enteral Nutrition**
- 1615 **Q & A Session**
- 1630 **Adjourn**

# Agenda

## Day 2, 8:00 am to 4:30 pm

- 0800 **Welcome and Course Overview**
- 0815 **Glucose Metabolism**
- 0900 **Sepsis**
- 1000 **Break**
- 1015 **Gastrointestinal Conditions**
- 1100 **Arterial Blood Gases**
- 1130 **Lunch**
- 1230 **Arterial Blood Gases (cont.)**
- 1300 **Respiratory Diseases and Modalities**
- 1430 **Break**
- 1445 **Hematological Conditions**
- 1530 **Cardiac Assessment of the Newborn**
- 1615 **Q & A Session**
- 1630 **Adjourn**

## Accreditation

### RN/LPN/LVN/Other: 14 Contact Hours

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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