



Inpatient Obstetric Nursing Exam Review

Course Description

Presented in lecture format, this course reviews topics for the National Certification Corporation (NCC) Inpatient Obstetric Nursing Exam. Elements of the exam will be discussed, followed by a review of the content. The major components include disease processes during pregnancy, fetal evaluation, application of fetal monitoring for the laboring client and postpartum and neonatal assessments. Practice questions will enable the participant to increase confidence and experience with test content.

Program Learning Outcomes

This program prepares the learner to:

- Describe the Inpatient Obstetric Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

- 0800 **Understanding the NCC Examination**
Preparing for the Exam | Reference Review
- 0830 **Disease Processes**
Hypertension | Diabetes
- 0930 **Break**
- 0945 **Disease Processes (cont.)**
Cardiac Disease | Pulmonary Disease | Infectious Disease | Hematologic Disorders | Urinary & Renal Disease | Thyroid Disease | GI Disease | Autoimmune Disorders
- 1130 **Pregnancy Risk**
Teratogens | Substance Abuse | Domestic Violence | Obesity
- 1200 **Lunch**
- 1300 **Antepartum Assessment**
Ultrasound | Non-Stress Testing | Contraction Stress Testing | Biophysical Profile | Fetal Movement Counting | Fetal Lung Maturity | Amniocentesis | Chorionic Villus Sampling (CVS) | Cordocentesis | Genetic Screening
- 1345 **Break**
- 1400 **Electronic and Non-Electronic Fetal Monitoring**
Fetal Heart Rate Assessment | Acid-Base Assessment
- 1500 **Physiology of Labor and Labor Management**
Uteroplacental Physiology | Theories on Labor Initiation | General Labor Assessment | Stages of Labor
- 1600 **Adjourn**

Agenda

Day 2, 8:00 am to 4:00 pm

- 0800 **Obstetrical Procedures**
Version | Episiotomy | Forceps and Vacuum Extraction
- 0900 **Obstetric Complications**
Dysfunctional Labor | Dystocia | Amniotic Fluid | Placental Problems | Preterm Labor | Multiple Gestation | Prolonged and Post-term Pregnancy | Obesity and Bariatric Surgery
- 1000 **Break**
- 1015 **Postpartum**
Physiologic Changes | Complications | Family Adaptation | Lactation
- 1130 **Newborn**
Adaptation to Extrauterine Life | Resuscitation | Gestational Age Assessment | Pathophysiology, Assessment of Newborn Disorders | Congenital Anomalies | Routine Care & Screening | Late Preterm Infant | Neonatal Abstinence Syndrome
- 1200 **Lunch**
- 1300 **Newborn (cont.)**
- 1430 **Break**
- 1445 **Professional Issues**
Patient Safety | Safe Staffing | Legal Issues | Nursing Ethics | Nursing Research | Evidence-Based Practice | Quality Improvement
- 1515 **Practice Testing**
- 1600 **Adjourn**

Accreditation

RN/LPN/LVN/Other: 13 Contact Hours

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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