Inpatient Obstetric Nursing Exam Review

Course Description
Presented in lecture format, this course reviews topics for the National Certification Corporation (NCC) Inpatient Obstetric Nursing Exam. Elements of the exam will be discussed, followed by a review of the content. The major components include disease processes during pregnancy, fetal evaluation, application of fetal monitoring for the laboring client and postpartum and neonatal assessments. Practice questions will enable the participant to increase confidence and experience with test content.

Program Learning Outcomes
This program prepares the learner to:
- Describe the Inpatient Obstetric Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda
Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800  Understanding the NCC Examination  
Preparation for the Exam | Reference Review

0830  Disease Processes  
Hypertension | Diabetes

0930  Break

0945  Disease Processes (cont.)  
Cardiac Disease | Pulmonary Disease | Infectious Disease | Hematologic Disorders | Urinary & Renal Disease | Thyroid Disease | GI Disease | Autoimmune Disorders

1130  Pregnancy Risk  
Teratogens | Substance Abuse | Domestic Violence | Obesity

1200  Lunch

1300  Antepartum Assessment  
Ultrasound | Non-Stress Testing | Contraction Stress Testing | Biophysical Profile | Fetal Movement Counting | Fetal Lung Maturity | Amniocentesis | Chorionic Villus Sampling (CVS) | Cordocentesis | Genetic Screening

1345  Break

1400  Electronic and Non-Electronic Fetal Monitoring  
Fetal Heart Rate Assessment | Acid-Base Assessment

1500  Physiology of Labor and Labor Management  
Uteroplacental Physiology | Theories on Labor Initiation | General Labor Assessment | Stages of Labor

1600  Adjourn
Agenda

Day 2, 8:00 am to 4:00 pm

0800 Obstetrical Procedures
Version | Episiotomy | Forceps and Vacuum Extraction

0900 Obstetric Complications
Dysfunctional Labor | Dystocia | Amniotic Fluid | Placental Problems | Preterm Labor | Multiple Gestation | Prolonged and Post-term Pregnancy | Obesity and Bariatric Surgery

1000 Break

1015 Postpartum
Physiologic Changes | Complications | Family Adaptation | Lactation

1130 Newborn
Adaptation to Extrauterine Life | Resuscitation | Gestational Age Assessment | Pathophysiology, Assessment of Newborn Disorders | Congenital Anomalies | Routine Care & Screening | Late Preterm Infant | Neonatal Abstinence Syndrome

1200 Lunch

1300 Newborn (cont.)

1430 Break

1445 Professional Issues
Patient Safety | Safe Staffing | Legal Issues | Nursing Ethics | Nursing Research | Evidence-Based Practice | Quality Improvement

1515 Practice Testing

1600 Adjourn

Accreditation

RN/LPN/LVN/Other: 13 Contact Hours

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