Course Description

Presented in lecture format, this course reviews topics for the National Certification Corporation (NCC) Examination “Inpatient Obstetrics.” Elements of the examination will be discussed, followed by a review of the content. Pictures, animation, and graphics will be utilized to enhance the presentation. The major components include disease processes during pregnancy, fetal evaluation, application of fetal monitoring for the laboring client, and postpartum and neonatal assessments. Practice questions will be integrated throughout the content.

Program Learning Outcomes

This program prepares the learner to:

- Describe the Inpatient Obstetric Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800  Understanding the NCC Examination
       Preparing for the Exam | Reference Review

       Maternal Factors Affecting the Fetus and Newborn (14%)

0830  Disease Processes
       Hypertension | Diabetes

0930  Break

0945  Disease Processes (cont.)
       Cardiac Disease | Pulmonary Disease | Infectious Disease | Hematologic Disorders | Urinary & Renal Disease | GI Disease | Autoimmune Disorders

1130  Pregnancy Risk
       Teratogens | Substance Abuse | Domestic Violence | Obesity

1200  Lunch

       Fetal Assessment (20%)

1300  Antepartum Assessment
       Ultrasound | Non-Stress Testing | Contraction Stress Testing | Biophysical Profile | Fetal Movement Counting | Fetal Lung Maturity | Amniocentesis | Chorionic Villus Sampling (CVS) | Cordocentesis | Genetic Screening

1430  Break

1445  Electronic and Non-Electronic Fetal Monitoring
       Fetal Heart Rate Assessment | Acid-Base Assessment

1600  Adjourn
Agenda

Day 2, 8:00 am to 4:00 pm

**Labor & Delivery (29%)**

0800  **Physiology of Labor**  
Uteroplacental Physiology | Theories on Labor Initiation  
**Labor Management**  
General Assessment | Stages of Labor

0900  **Obstetrical Procedures**  
Version | Episiotomy | Forceps and Vacuum Extraction

0930  **Break**

0945  **Obstetrical Procedures (cont.)**  
Cesarean Birth | VBAC | Induction of Labor and Cervical Ripening

**Obstetric Complications (20%)**

1045  **Obstetric Complications**  
Dysfunctional Labor | Dystocia | Amniotic Fluid | Placental Problems | Preterm Labor | Multiple Gestation | Prolonged and Postterm Pregnancy | Obesity and Bariatric Surgery

1200  **Lunch**

**Postpartum (10%)**

1300  **Postpartum**  
Physiologic Changes | Complications | Family Adaptation | Lactation

**Newborn Care (5%)**

1330  **Newborn**  
Adaptation to Extrauterine Life | Resuscitation | Gestational Age Assessment | Pathophysiology, Assessment of Newborn Disorders | Congenital Anomalies | Routine Care & Screening | Late Preterm Infant | Neonatal Abstinence Syndrome

1430  **Break**

**Professional Issues (2%)**

1445  **Professional Issues**  
Patient Safety | Safe Staffing | Legal Issues | Nursing Ethics | Nursing Research | Evidence-Based Practice | Quality Improvement

1600  **Adjourn**

**Accreditation**

**RN/LPN/LVN/Other: 13 Contact Hours**

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida/FBN 50-1286, Iowa/296, California #CEP10453**.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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