Course Description
This two-day review course is designed to help prepare the registered nurse to take the Gerontological Nursing Exam offered by the American Nurses Credentialing Center. The following core areas will be covered: aging principles and theories, normal aging changes, dementia, depression, delirium, cardiopulmonary problems, health promotion, neurological diseases, pharmacologic issues, hematologic and immunologic problems, GI/GU issues, environments of care and end-of-life issues. Practice questions will also be utilized. Even if you are not preparing to take the exam, this course will give you an excellent and consolidated review of geriatric topics.

Program Learning Outcomes
This program prepares the learner to:

• Describe the Gerontological Nursing Exam, test plan and the practice requirements to sit for the exam.
• Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
• Identify common mistakes and pitfalls that are made during studying and testing for the exam.
• Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda
Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800 Introduction and Test Format
0900 Aging Principles and Theories
Demographics | Theories | Communication
0945 Break
1000 Assessment and Normal Aging Changes
H & P Considerations
1100 The 3 D’s
Dementia | Depression | Delirium
1200 Lunch
1300 Cardiovascular Problems
CAD | AMI | CHF | PVD
1400 Break
1415 Respiratory
Pneumonia | Influenza | TB | COPD
1515 Health Promotion
Prevention Levels
1600 Adjourn
Agenda

Day 2, 8:00 am to 4:00 pm

0800 Neurological Problems
   CVA | Parkinson's Disease

0915 Hematologic and Immunologic Problems
   Anemia | HIV

1000 Break

1015 End-of-Life Care
   Symptom Management | Advance Directives | Hospice Care

1115 GI and GU Problems
   GERD | UTI | Cancer

1200 Lunch

1300 Pharmacologic Issues
   Polypharmacy | ADRs

1330 Special Issues
   Pain | Decubitus Ulcers | Sexuality

1415 Break

1430 Metabolic and Musculoskeletal Problems
   Diabetes | Osteoarthritis

1515 Environments of Care
   Falls | Levels of Care

1600 Adjourn

Accreditation

RN/LPN/LVN/Other: 13 Contact Hours

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: Florida/FBN 50-1286, Iowa/296, California #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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