Clinical Review for the Generalist Hospice and Palliative Nurse (CHPN)

Course Description
This is a review of the principles and processes of hospice and palliative care: the provision of care for the patient with life-limiting illness. Emphasis is on the physical, psychosocial, emotional and spiritual needs of the patient and family. This is a collaborative process with an interdisciplinary team. The topics are intended to prepare the attendee to succeed in being certified in this specialty. The course is an opportunity to bring expertise to the daily challenges of providing skilled care, pain and symptom management as well as comfort to patients who may be receiving palliative care or end-of-life care and support for the family.

Program Learning Objectives
This program prepares the learner to:
- Identify areas of practice that need enhanced study.
- Acquire the knowledge and skills necessary to become certified in this specialty.
- Increase the comfort level of the nurse when caring for patients with life-limiting conditions.
- Assist the employer, public and other healthcare providers through the assessment and treatment of patients who need this specialized care.

Agenda
Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800 Course Introduction and Test Overview
0830 Goals and Decisions in Palliative Care
   National Consensus Project for Quality Palliative Care | Prognosis Requirements for Hospice Admission | Functional Assessment | Hospice Care vs. Palliative Care Differences | Advance Directives
0930 Break
0945 Pain Assessment and Impact on Patients, Families, System
   Principles of Effective Pain Management | Classes of Analgesic and Adjuvant Medications | Barriers to Effective Pain Management | Use of an Equianalgesic Chart for Opioid Conversions
1145 Lunch
1245 Life-Limiting Conditions
   Cardiac | Pulmonary | Kidney | Hepatic | Cancer | Neurological Diseases | Treatment Modalities | Assessment of Patient and Family Response to Disease Progression
1400 Sample Review Questions
1430 Break
1445 Care at the Time of Dying
   Etiology of Common Symptoms | Interventions for Symptom Relief | Hydration and Nutrition | The Physical Environment | Family Response and Coping During the Dying Process
1600 Adjourn
Agenda

Day 2, 8:00 am to 4:00 pm

0800  **Symptom Assessment and Management in Serious Illness**
Anorexia and Cachexia | Dyspnea | Nausea and Vomiting | Bowel Obstruction | Pressure Ulcers | Constipation | Delirium

0930  **Break**

0945  **Symptom Assessment and Management in Serious Illness** (cont.)

1030  **Spiritual Care**
Spiritual Distress and Suffering | Meaning | Hope | Forgiveness | Life Review

1130  **Lunch**

1230  **Grief and Bereavement Principles**
Stages of Coping | Physical and Psychological Manifestations | Worden’s Tasks of Mourning | Rando’s Process of Bereavement | Complicated Grief

1330  **Disease Complications**
Spinal Cord Compression | Superior Vena Cava Syndrome | Hypercalcemia | Airway Obstruction | Hemorrhage | Seizures

1430  **Break**

1445  **The Medicare Hospice Benefit**
Four Levels of Care | Contractual Components | Reassessments | Interdisciplinary Meetings | Documentation of Needed Services | Professional and Regulatory Issues | Revocation

1545  **Q & A Session**

1600  **Adjourn**

Accreditation

**RN/LPN: 13 Contact Hours**

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