CPEN® Exam Review

Course Description
This course is designed to prepare the nurse for the Certified Pediatric Emergency Nurse (CPEN) Exam by providing a comprehensive, focused review based on the detailed content outline in a manner that is easy to understand and apply to real world clinical scenarios. Modules related to pediatric emergencies, including trauma, specific body systems and environmental issues, will be presented. Additionally, test preparation and the medicolegal and ethical components of care will be discussed. Each module will cover the pathophysiology, common symptoms, assessment findings, appropriate nursing interventions and patient/family education for each diagnosis in a manner that engages the learner and encourages interactive learning.

Program Learning Outcomes
This program prepares the learner to:
- Acquire the required knowledge for pediatric emergency diagnoses and interventions to successfully pass the certification exam.
- Confidently relate components of triaging pediatric patients and address specific illness and injuries to include proper assessment parameters and nursing interventions in conjunction with executing patient and family-centered care.

Agenda
Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 5:00 pm

About the Test, Test-Taking Skills
Test Outline | Different Types of Test-Takers and Strategies
Triage of the Pediatric Patient
Visual Assessment | Pediatric Assessment Triangle | Triage Priority Based on Acuity and Resources | Isolation
Professional Issues
Consent for Treatment | Preservation of Forensic Evidence | Chain of Custody | Governmental Regulations | Emergency Preparation | Family-Centered Care | Evidence-Based Practice
Pain Control, Procedural Sedation
Pain Assessment | Pharmacological and Nonpharmacological Interventions | Procedural Sedation
Physical Exam, History Taking
Surveys | Behavioral Status, Risk | Milestones | Special Needs | Sexual Orientation | Perception | Family Dynamics
Lunch 11:30 pm to 12:30 pm
Shock: Recognition, Management
Sepsis | Cardiogenic | Allergy Medication, Anaphylaxis
Respiratory Emergencies
Upper Airway | Lower Airway
Cardiovascular Emergencies
Rhythm Disturbances | Infections | Congenital Conditions
Toxicology, Dermatological Emergencies
Ingestions/Poisoning | Carbon Monoxide | Drug Interactions/Withdrawal | Foreign Body | Infections | Rashes
Agenda

Day 2, 8:00 am to 5:00 pm

Neurological Emergencies
Infections/Medications | Seizures | Shunt Dysfunction | Headache/Migraine/Tumor | Stroke | Congenital Conditions

Gastrointestinal Emergencies
Foreign Body | Obstruction | Infections | Irritable Bowel Disease | Gastro Bleeding | Nutrition | Congenital Conditions

Genitourinary Emergencies
Infections/Medications | Male Emergencies | OB/GYN Emergencies

HEENT Emergencies
Maxillofacial | Ocular

Lunch 11:30 pm to 12:30 pm

Musculoskeletal Emergencies
Foreign Body | Infections | Congenital Conditions | Fractures, Dislocations, Sprains | Compartment Syndrome

Neonatal Emergencies
Infections | Hyperbilirubinemia | Thermoregulation | Fluid-Electrolyte Balance | Newborn Resuscitation

Behavioral Emergencies
Self-Injury | Mood Disorders | Suicide | Homicidal Ideations | Acute Psychosis | Aggressive Behavior | Substance Abuse | PTSD | Pervasive Developmental Disorders

Medical Emergencies
Hematologic/Oncologic | Endocrine/Metabolic | Communicable | Maltreatment | Environmental | Envenomation

Trauma
Respiratory | Cardiovascular | Neurological | Gastrointestinal | Genitourinary | Skin

*CPEN® and the test name Certified Pediatric Emergency Nurse exam are property of the trademark holders: the Pediatric Nursing Certification Board (PNCB) and the Board of Certification for Emergency Nursing (BCEN®). PNCB and BCEN® are not affiliated with MED-ED.

Accreditation

RN/LPN/LVN/Other: 15 Contact Hours
Includes 1.5 Pharmacology Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

MED-ED is approved by the American Association for Respiratory Care (AARC).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: Florida/FBN 50-1286, Iowa/296, California #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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