

## Course Description

This course is designed for nurses working in the perianesthesia setting who plan to take the CPAN/CAPA Exam. The course will focus on core concepts defined by ASPAN™ for caring for all populations.

## Program Learning Outcomes

*This program prepares the learner to:*

- Describe the CPAN/CAPA Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

## Agenda

*Sign-in begins at 7:30 am.* Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

### Day 1, 8:00 am to 4:00 pm

- 0800 **The Test**  
CPAN and CAPA Test | Certification Preparation | Test-Taking Strategies
- 0900 **Practice Standards**  
The Professional Nurse | Overview of Perianesthesia Nursing and ASPAN Standards
- 1000 **Break**
- 1015 **Legal, Regulatory and Professional Issues**  
Legal Terms, Regulatory Bodies and Professional Issues
- 1100 **Assessment of the Perianesthesia Patient**  
Nursing Process in the Perianesthesia Setting | Perianesthesia Nursing Assessment
- 1200 **Lunch**
- 1300 **Age Specific Care**  
Age Specific Care in the Perianesthesia Setting
- 1330 **Patient Clinical Data Related to Perianesthesia Nursing**  
Fluid and Electrolyte Balance | Chemistry Labs | Hematology and Blood Transfusions
- 1500 **Break**
- 1515 **ABG Interpretation**
- 1600 **Adjourn**

# Agenda

## Day 2, 8:00 am to 4:45 pm

- 0800 **Anesthesia**  
Anesthetic Techniques and Blocks | Anesthetic Agents, Drugs and Adjuncts
- 1000 **Break**
- 1015 **Herbal Drugs and Homeopathic Treatments Related to Anesthesia Outcomes**
- 1045 **Medications in the Perianesthesia Setting**  
Common Medications Used in Perianesthesia Nursing | Pain Management
- 1200 **Lunch**
- 1300 **Education**  
Patient and Family Education
- 1330 **Perianesthesia Complications**  
Airway Emergencies | Cardiovascular Emergencies | Hemodynamics | Neurologic Complications
- 1530 **Break**
- 1545 **Perianesthesia Complications (cont.)**  
Post-Op Nausea and Vomiting | Malignant Hyperthermia | Management of Hypothermia
- 1645 **Adjourn**

## Accreditation

### RN/LPN/LVN/Other: 13.75 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (**ANCC**).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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