

### Course Description

This course is designed for nurses working in the perianesthesia setting who plan to take the CPAN Exam. The course will focus on core concepts defined by ASPAN™ for caring for all populations.

### Program Learning Outcomes

*This program prepares the learner to:*

- Review key concepts and topics related to the APBANC test blueprint for a candidate to successfully challenge the CPAN Exam.
- Review patient clinical data with a focus on perianesthesia complications, anesthesia techniques and drug therapy and perianesthesia medications.
- Examine practice standards, legal and regulatory requirements related to perianesthesia nursing.
- Discuss test-taking strategies and critical thinking components for a successful CPAN Exam.

### Agenda

*Sign-in begins at 7:30 am.* Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

#### Day 1, 8:00 am to 4:00 pm

- 0800 **The Exam**  
CPAN Exam | Certification Preparation | Test-Taking Strategies
- 0900 **Practice Standards**  
The Professional Nurse | Overview of Perianesthesia Nursing and ASPAN™ Standards
- 1000 **Break**
- 1015 **Legal, Regulatory and Professional Issues**  
Legal Terms | Regulatory Bodies | Professional Issues
- 1100 **Assessment of the Perianesthesia Patient**  
Nursing Process in the Perianesthesia Setting | Perianesthesia Nursing Assessment
- 1200 **Lunch**
- 1300 **Age Specific Care in the Perianesthesia Setting**
- 1330 **Patient Clinical Data Related to Perianesthesia Nursing**  
Fluid and Electrolyte Balance | Chemistry Labs | Hematology and Blood Transfusions
- 1500 **Break**
- 1515 **Patient Clinical Data Related to Perianesthesia Nursing (cont.)**  
ABG Interpretation
- 1600 **Adjourn**

# Agenda

## Day 2, 8:00 am to 4:30 pm

- 0800 **Anesthesia**  
Anesthetic Techniques and Blocks | Anesthetic Agents, Drugs and Adjuncts
- 1000 **Break**
- 1015 **Anesthesia (cont.)**  
Herbal Drugs and Homeopathic Treatments Related to Anesthesia Outcomes
- 1045 **Medications in the Perianesthesia Setting**  
Common Medications Used in Perianesthesia Nursing | Pain Management
- 1200 **Lunch**
- 1300 **Patient and Family Education**
- 1330 **Perianesthesia Complications**  
Airway Emergencies | Cardiovascular Emergencies | Hemodynamics | Neurologic Complications
- 1530 **Break**
- 1545 **Perianesthesia Complications (cont.)**  
Post-Op Nausea and Vomiting | Malignant Hyperthermia | Management of Hypothermia
- 1630 **Adjourn**

## Accreditation

### RN/LPN/LVN/Other: 13.5 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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