Course Description
This course is designed to review the core curriculum content for the heart failure certification offered by the American Association of Heart Failure Nurses. By the end of the day, you will have learned the skills and strategies necessary to successfully master CHFN content and exam questions. The course assists the participant in ensuring that he or she has received, reviewed and practiced an understanding of the content and has a knowledge base to sit for the exam.

Program Learning Outcomes
This program prepares the learner to:
• Integrate evidence-based heart failure care into daily clinical practice.
• Engage heart failure patients in optimal self-care management.
• Construct a study plan for the successful completion of the heart failure nursing certification exam.
• Enhance heart failure patient outcomes through application of new knowledge and skills.

Agenda
Sign-in begins at 7:30 am. The day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

8:00 am to 4:30 pm

0800 Welcome and Introduction
0810 Reduced LVEF vs. Preserved LVEF
  Definition of Heart Failure | Epidemiology | Systolic Dysfunction | Diastolic Dysfunction
0830 NYHA Classification System and ACC/AHA Stages of Heart Failure
0850 Pathophysiology of Heart Failure and Compensatory Mechanisms
  SNS | RAAS | Ventricular Remodeling | Cycle Progression | Natriuretic Peptides
0915 Physical Assessment and Diagnostic Results
  Extra Heart Sounds | Jugular Venous Assessment | Lab Values | Chest X-Ray | Echocardiogram | Invasive Studies
0945 Break
1000 Pharmacological Treatment Strategies
  Beta Blockers | ACE Inhibitors | Angiotensin Receptor Blockers | Aldosterone Antagonists | Digoxin | Hydralazine and Isosorbide Dinitrate | Diuretics | New Agents \ Medications to Avoid
1145 Lunch
1245 Acute Decompensated Heart Failure
  Criteria for Hospitalization | Causes of Decompensation | Hemodynamic Assessment | Vasoactive Medications | Impact of Pharmacological on LV Function | Additional Treatment Considerations | Criteria for Discharge
1325 Stage D (Advanced Heart Failure)
  Criteria | Hospice vs. Palliative Care | Home Inotropic Therapy | Advanced Therapies

(continued)
1400 **Comorbid Conditions**
Atrial Fibrillation | Mitral Valve Regurgitation | Aortic Stenosis | AKI and CKD | Diabetes | Sleep Apnea | HTN | CAD | COPD | Depression | Anxiety

1430 **Break**

1445 **Self-Care Management**
Healthcare Literacy Issues | Caregiver Involvement | Educational Content | Self-Care Management vs. Self-Care Maintenance

1525 **Quality Standards and Readmission Reduction Strategies**
Quality Indicators | HF Accreditation and Certification | Readmission Avoidance | Transitions of Care | Medication Reconciliation | Interdisciplinary Collaboration Across Continuum | Disease State Management

1600 **Assess Knowledge of Above Topics**
Interactive Practice Questions | Open Discussion

1630 **Adjourn**

**Accreditation**

RN/LPN/LVN/Other: 7 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation (ANCC).

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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