

## Course Description

Successfully completing the Certified Flight Registered Nurse (CFRN) Exam is a challenge that has been accomplished by only a minority of flight nurses, exhibiting to others that the bearer has demonstrated a knowledge base in the specialty of emergency nursing that exceeds their peers.

Held in combination with the Certified Emergency Nurse (CEN) review course, this course is a review of emergency nursing designed to assist the participant to be successful in obtaining CFRN and CEN certification. Much of the material is similar between these two exams, offering lectures, graphics, videos and practice questions in many of the areas that are tested on the CEN and CFRN Examinations. This review will provide not only a knowledge base for successfully completing either exam, but also a foundation for further study as the participant works towards flight nursing certification.

## Program Learning Outcomes

*This program prepares the learner to:*

- Describe the CEN or CFRN Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

## Agenda

*Sign-in begins at 7:30 am.* Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

### Day 1, 8:00 am to 5:00 pm

#### CEN/CFRN

CEN Exam Ins and Outs

Patient Care Management

Shock

Neurological Emergencies

Lunch 12:30 pm to 1:30 pm

Environmental and Toxicological Emergencies

Medical Emergencies

### Day 2, 8:00 am to 5:00 pm

#### CEN/CFRN

Respiratory and Thoracic Emergencies

Cardiovascular Emergencies

Gastrointestinal Emergencies

Lunch 12:00 pm to 1:00 pm

OB, GYN and Genitourinary Emergencies

Orthopedic Emergencies | Wound and Surface Trauma

*(continued)*

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**EENT and Maxillofacial Emergencies**

**Psychiatric and Psychological Emergencies**

**Day 3, 8:00 am to 5:00 pm**

**CFRN Only**

**CFRN Exam Ins and Outs**

**Flight Physiology**

Gas Laws | Stresses of Transport | Effects of Altitude

**Advanced Monitoring and Management**

Art Lines | CVP | PA | IABP | VAD | X-Rays

**Advanced Airway Management**

RSI with Pharmacology | Management of the Difficult Airway | Alternative Airway Devices | Invasive and Non-Invasive Modes of Ventilation | Capnography | Pneumothorax Management

**Lunch 12:00 pm to 1:00 pm**

**Transport Considerations and Safety**

Communications and Frequencies | Crew Resource Management (AMRM) | Scene Management, Extrication, and Immobilization | Patient Packaging | Survival Concepts | Landing Zone Concepts | New Technology

**Case Scenarios, Jeopardy, and Practice Exam**

Advanced Pharmacology Review | Advanced Procedures | High Risk OB | Neonates

**Accreditation**

**RN/LPN/LVN/Other: 15 Contact Hours (Two Days Attendance)**

**22.5 Contact Hours (Three Days Attendance)**

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (**ANCC**).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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