Advanced Stethoscope Assessment Skills

Course Description
This intensive one-day workshop provides the individual healthcare provider with the information needed to recognize and understand the production of sounds within the human body. Rather than memorizing sounds, the physiology of normal and abnormal sounds is presented with the use of audiovisual aids. Practice sessions enable the provider to accurately distinguish normal and abnormal sounds and recognize the significance of the sounds heard. The goals of this class are identifying strategies of treatment needs based on assessment findings and developing the confidence to use the stethoscope to assist in performing a thorough and accurate assessment. Please wear comfortable, loose clothes and bring your stethoscope!

Program Learning Outcomes
This program prepares the learner to:
- Describe the differences in stethoscopes and how to properly use your tool.
- Demonstrate a complete abdominal assessment.
- Identify organs and broken bones using the stethoscope.
- Identify the requirements for an adequate cardiac auscultation.
- Learn how to use the Handy Heart Simulator to duplicate heart sounds.

Agenda
Sign-in begins at 7:30 am. The day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

8:00 am to 4:30 pm

0800  Stethoscope Skills
Proper Usage of a Stethoscope | Properly Identify the Sounds You Hear | Sound = Movement

0915  Break

0930  Auscultated Assisted Percussion
When It is Just You and Your Scope | What You Weren’t Taught in School | You Can’t Memorize Sounds

1045  Auscultate Before You Palpate!
Big or Small Body | What the Research Says | Bowel Obstructions

1200  Lunch

1300  ‘I Can’t Hear You’
Lung Location | Atelectasis | Aspiration | Asthma | Pulmonary Edema | Pulmonary Hypertension

1415  Break

1430  My Heart Only Beats for You
Blood Flow and What it Means | Valve Locations | Good Heart, Bad Heart

1545  Don’t Murmur, Speak Up!
Detection and Grading Murmurs | Bedside Teaching | Don’t be Afraid of a Broken Heart

1630  Adjourn
Accreditation

RN/LPN/LVN/Other: 7 Contact Hours  
RT: 7 Category 1 CRCE Hours

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

MED-ED, Inc. is approved by the American Association for Respiratory Care (AARC).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: Florida/FBN 50-1286, Iowa/296, California #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

© 2023 MED-ED, Inc. All rights reserved.