Acute Delirium: Can You Spot It?

Course Description
Delirium affects an estimated 14% to 50% of all hospitalized elderly patients. At least 20% of the 12.5 million patients over age 65 hospitalized each year experience complications because of delirium. It is essential that healthcare professionals recognize who is at risk, practice early identification and implement current management strategies for the patient with delirium. This one-day program is designed to provide this education.

Program Learning Outcomes
This program prepares the learner to:
- Identify the major differences between various dementias and delirium.
- Identify high-risk hospitalized patients.
- Develop a unit-based strategy for the prevention of delirium.

Agenda
Sign-in begins at 7:30 am. The day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

8:00 am to 4:15 pm

0800  Alzheimer’s Type Dementia vs. Other Types
Alzheimer’s | Lewy Body | Frontal Lobe

0915  Break

0930  Acute Delirium
Risk Factors | Common Assessment Tools

1045  Pharmacologic Management of Acute Delirium
Benzodiazepines | Antipsychotics | Cholinesterase Inhibitors

1145  Lunch

1245  National Recommendations for Delirium Management
HELP Guidelines | NICHE Guidelines | AGS Guidelines

1400  Break

1415  Fall Prevention Interventions
Risk Identification | Safety Interventions

1515  Putting It All Together With Case Studies
Alzheimer’s Type Dementia Admitted for UTI | Post-Surgical Delirium | Sepsis From Decubitus Ulcer | Multi-Infarct Dementia Admitted for Colon Resection

1615  Adjourn
Accreditation

RN/LPN/LVN/Other: 6.75 Contact Hours
Includes 1.25 Pharmacology Contact Hours

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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