

Maternal Newborn Nursing Review

8:00am until 4:30pm

Course Outline

Day 1

8:00-9:30 Prenatal Surveillance: Maternal/Neonatal Outcomes

Maternal Assessment

Physiological Changes

Current Health Status

Complications & Risk

Fetal Assessment

Maternal Screens

Diagnostic Modalities

9:30-9:45 Break

9:45-10:30 Prenatal Surveillance: Continue

10:30-12:00 Intrapartum Evaluation: Factors to Consider

“What’s On the Strip?”

Medications and Labor

Vaginal vs. Cesarean Section

Unexpected Developments

12:00-1:00 Lunch (On Your Own)

1:00-2:00 Intrapartum Evaluation: Continued

2:00-2:15 Break

2:15-3:30 After the Delivery: Assessment and Management

Comprehensive Postpartum Nursing Evaluation/Care

Physiological Changes/Systems Review

Psychosocial Changes/Family Dynamics

Common Discomforts

Potential Complications

Lactation and Newborn Feeding

Anatomy and Physiology

Breastfeeding Process

Complications/Contraindications

3:30-4:30 Review/Practice

Day 2

8:00-9:30 After the Delivery: Continued

9:30-9:45 Break

9:45-10:30 After the Delivery: Continued

10:30-12:00 From Head to Toe: The Newborn
Transition to Extrauterine Life
Physical Exam: Systems Review
Immediate Newborn Care
Recognizing & Stabilizing

12:00-1:00 Lunch (On Your Own)

1:00-2:30 The Newborn: Continued

2:30-2:45 Break

2:45-3:30pm Aspects of Professional Practice
Research
Ethical/Legal Issues

**3:30-4:30 “What’s On the Test”: Tips to Help
Review & Questions**