Course Description
Presented in lecture format, this course reviews topics for the National Certification Corporation (NCC) examination “Maternal Newborn Nursing.” Elements of the examination are discussed, followed by a review of the content. The major components include disease processes during pregnancy, maternal and fetal complications, postpartum and neonatal assessments. Practice questions are integrated throughout the presentation.

Program Learning Outcomes
This program prepares the learner to:
- Describe the Maternal Newborn Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda
Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800 Understanding the NCC Examination
Preparin for the Examination | Taking the Examination | Reference Review

0930 Break

0945 Factors Affecting Maternal and Neonatal Outcomes (Antenatal Factors)
Age | Nutrition | Obstetrical History | Physiologic Changes During Pregnancy

1030 Antepartum Risk Factors and Complications
Disease Processes | Hypertension | Diabetes | Cardiac Disease | Infectious Disease | Anemia

1200 Lunch

1300 Antepartum Risk Factors and Complications (cont.)
Substance Abuse | Preterm Labor | Multiple Gestation

1400 Fetal Assessment
Ultrasound | Non-Stress Test | Biophysical Profile | Lung Maturation Studies | Alpha-Fetoprotein, Triple Screen

1430 Break

1445 Intrapartal Factors
Medications in Labor | Complications of Labor | Cord Gases

1600 Adjourn
Day 2, 8:00 am to 4:00 pm

0800  Maternal Assessment and Management in Postpartum Period
       Physiological Changes

0900  Nursing Care and Education
       Comprehensive Postpartum Assessment | Common Postpartum Problems

0930  Break

0945  Nursing Care and Education (cont.)
       Postpartum Depression | Hemorrhage | Infections | Thrombophlebitis

1030  Lactation and Newborn Feeding
       Anatomy and Physiology | Hormonal Influences | Breastfeeding Complications | Bottle Feeding

1200  Lunch

1300  Newborn Assessment and Management
       Transition to Extraterine Life | Neonatal Resuscitation | Thermoregulation

1330  Physiological Changes and Physical Assessment
       Gestational Age | Neurobehavioral | Systems Review and Complications

1430  Break

1445  Physiological Changes and Physical Assessment (cont.)
       Systems Review (continued)

1530  Aspects of Professional Practice
       Ethical Principles | Nursing Liability

1600  Adjourn

Accreditation

RN/LPN/LVN/Other: 13 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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