Course Description
Presented in lecture format, this course reviews topics for the National Certification Corporation (NCC) Examination “Inpatient Obstetrics.” Elements of the examination will be discussed, followed by a review of the content. Pictures, animation, and graphics will be utilized to enhance the presentation. The major components include disease processes during pregnancy, fetal evaluation, application of fetal monitoring for the laboring client, and postpartum and neonatal assessments. Practice questions will be integrated throughout the content.

Program Learning Outcomes
This program prepares the learner to:
1. Describe the Inpatient Obstetric Nursing Exam, test plan and the practice requirements to sit for the exam.
2. Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
3. Identify common mistakes and pitfalls that are made during studying and testing for the exam.
4. Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda
Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800  Understanding the NCC Examination
      Preparing for the Exam | Reference Review

Maternal Factors Affecting the Fetus and Newborn (10-15%)

0900  Disease Processes
      Hypertension | Diabetes

0930  Break

0945  Disease Processes (cont.)
      Cardiac Disease | Infectious Disease | Blood Disorders | Renal | Hyperthyroidism | Systemic Lupus | Rh Incompatibility

1115  Pregnancy Risk
      Teratogens | Substance Abuse | Domestic Violence

1200  Lunch

Fetal Assessment (5-25%)

1300  Antepartum Assessment
      Ultrasound | Non-Stress Testing | Contraction Stress Testing | Biophysical Profile | Fetal Movement Counting | Fetal Lung Maturity | Amniocentesis | Chorionic Villus Sampling (CVS) | Cordocentesis | Maternal Serum Screening

1430  Break

1445  Electronic and Non-Electronic Fetal Monitoring
      Fetal Heart Rate Assessment | Acid-Base Assessment

1600  Adjourn
Agenda

Day 2, 8:00 am to 4:00 pm

Labor & Delivery (25-30%)

0800  **Physiology of Labor**  
Uteroplacental Physiology | Theories on Labor Initiation  
**Labor Management**  
General Assessment | Stages of Labor | Childbirth Preparation

0900  **Obstetrical Procedures**  
Version | Episiotomy | Forceps and Vacuum Extraction

0930  **Break**

0945  **Obstetrical Procedures (cont.)**  
Cesarean Birth | VBAC | Induction of Labor and Cervical Ripening

Obstetric Complications (5-25%)

1045  **Obstetric Complications**  
Dysfunctional Labor | Dystocia | Amniotic Fluid | Placental Problems | Preterm Labor | Multiple Gestation

1200  Lunch

Postpartum Newborn Care (5-15%)

1300  **Postpartum**  
Physiologic Changes | Complications | Family Adaptation | Lactation  
**Newborn**  
Adaptation to Extrauterine Life | Resuscitation | Gestational Age Assessment | Pathophysiology, Assessment of Newborn Disorders

1430  **Break**

1445  **Legal Issues (<2%)**

1600  Adjourn

Accreditation

RN/LPN/LVN/Other: 13 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation (ANCC).

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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