Course Description
This two-day review course is designed to help prepare the registered nurse to take the Gerontological Nursing Exam offered by the American Nurses Credentialing Center. The following core areas will be covered: aging principles and theories, normal aging changes, dementia, depression, delirium, cardiopulmonary problems, health promotion, neurological diseases, pharmacologic issues, hematologic and immunologic problems, GI/GU issues, environments of care and end-of-life issues. Practice questions will also be utilized. Even if you are not preparing to take the exam, this course will give you an excellent and consolidated review of geriatric topics.

Program Learning Outcomes
This program prepares the learner to:
- Describe the Gerontological Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda
*Sign-in begins at 7:30 am.* Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

**Day 1, 8:00 am to 4:00 pm**

0800  Introduction and Test Format
0900  Aging Principles and Theories
Demographics | Theories | Communication
0945  Break
1000  Assessment and Normal Aging Changes
H & P Considerations
1100  The 3 D’s
Dementia | Depression | Delirium
1200  Lunch
1300  Cardiovascular Problems
CAD | AMI | CHF | PVD
1400  Break
1415  Respiratory
Pneumonia | Influenza | TB | COPD
1515  Health Promotion
Prevention Levels
1600  Adjourn
Agenda

Day 2, 8:00 am to 4:00 pm

0800  Neurological Problems
       CVA | Parkinson’s Disease

0915  Hematologic and Immunologic Problems
       Anemia | HIV

1000  Break

1015  End-of-Life Care
       Symptom Management | Advance Directives | Hospice Care

1115  GI and GU Problems
       GERD | UTI | Cancer

1200  Lunch

1300  Pharmacologic Issues
       Polypharmacy | ADRs

1330  Special Issues
       Pain | Decubitus Ulcers | Sexuality

1415  Break

1430  Metabolic and Musculoskeletal Problems
       Diabetes | Osteoarthritis

1515  Environments of Care
       Falls | Levels of Care

1600  Adjourn

Accreditation

RN/LPN/LVN/Other: 13 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation (ANCC).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: Florida/FBN 50-1286, Iowa/296, California #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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